

S A M P L E schedule

Weather and seasonal variations may alter some of the times below



Outdoor Classroom Highlands Camp in Allenspark, CO

STUDENTS AND TEACHERS: Will need to provide sleeping bag, pillow, duffel with overnight items, daypack for the day hikes and activities. Teachers please bring a small first aid kit. Highlands Camp is serviced by the nearby Allenspark Fire Department using 911.

- **Students rotate through 6 sessions in a 3 day/2 night program**
- **~16 students/group with Highlands Outdoor Instructor, DDS teacher + parent**

Day 1

9:00	Depart School
10:00-30	Arrive at Highlands Camp Welcome! Settle into cabins, orient to the area Meet with your outdoor instructor to prep for the afternoon
Noon	Sack lunch
<u>Classes rotate through the following</u>	
12:30-3:00	Activity Block 1 <ul style="list-style-type: none">- Challenge hike to Hidden Room- Creeks and Critters, Skull Classification Key- Nature awareness, journaling – Bear Rock- Low ropes- GPS/Orienteering- Survival skills & fire building
3-5:30pm	Activity Block 2
5:30	Table setters to dining hall
6:00	Dinner
7:00	Return to cabins for jackets with teachers
7:30	Evening Program: nocturnal animals, evening walk, campfire TBD
9:00-15	To cabins
9:30-45	Lights out

Day 2

7:00	GOOD MORNING!
7:30	Table setters to dining hall
8:00	Breakfast, Cabin clean up
9:00-11:30	Activity Block 3
11:30	Table setters to dining hall
Noon	Lunch
1:15-3:15	Activity block 4
3:15-5:15	Activity block 5

PROGRAM INFO: Deb Kulcsar 303-665-9381, deb@experientiallearningassociates.org
SALES & Facility Info: Kathy at Highlands Camp: 303-747-2888

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5:30	Table setters to dining hall
6:00	Dinner
7:00	Return to cabins with chaperone for jackets
7:30	Evening Program: nocturnal animals, evening walk, campfire TBD
9:00-15	To cabins
9:30-45	Lights out

Day 3

7:00	GOOD MORNING!
7:30	Table setters to dining hall
8:00	Breakfast, clean cabins, pack gear, PICK UP SACK LUNCH if doing field lunch
9:15-11:45	Activity Block 6
Noon	Lunch (Sack lunches available if nice weather and students in in field groups)
1:00	Closing
1:30-45	Load bus, Depart for school

LODGING - bunk beds

- 1.) GIRLS cabin = Paintbrush (22)
- 2.) BOYS Cabin = Columbine (20)
- 3.) GIRLS (could be boys if needed) = Antelope (20)
- 4.) BOYS Cabin = Black Bear (20)
- 5.) BOYS cabin = Horse Lodge (25)

INDOOR CLASSROOM OPTIONS:

Community room, dining hall, Paintbrush (cabin living room)

We are well-versed in community building activities, natural history, nature awareness field activities, group management and leadership models.

Sample Activities & Group Challenges

Group jump rope	One word story
Group juggle	Perfect shapes
Quad Jam	Birthday circle
Everybody Counts	Fruit fruit fruit
River crossing	Biggest fan
Acid river	Whose the leader
Camouflage	Giants, wizards, elves
Cache Game	Sharp eyes
Simon Sez	Tent Pole
Solo Walk	Bridges
Trust activities - Meet a Tree	Ball tag
	Zip Line – 8 th grade and up

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