

S A M P L E schedule

Weather and seasonal variations may alter some of the times below



Outdoor Classroom Highlands Camp in Allenspark, CO

STUDENTS AND TEACHERS: Will need to provide sleeping bag, pillow, duffel with overnight items, daypack for the day hikes and activities. Teachers please bring a small first aid kit. Highlands Camp is serviced by the nearby Allenspark Fire Department using 911.

Choose from 3 or 4 session in a 2 day/1 night program

Choose from 5 or 6 sessions in a 3 day/2 night program

Day 1

9:00	Depart School
10:00-30	Arrive at Highlands Camp Welcome! Settle into cabins, orient to the area Meet with your outdoor instructor to prep for the afternoon
Noon	Sack lunch
<u>Classes rotate through the following</u>	
1-3:00	Activity Block 1 - Challenge hike to Hidden Room - Creeks and Critters, Skull Classification Key - Environmental education activities - Low ropes
3:15-5:30pm	Activity Block 2
5:30	Table setters to dining hall
6:00	Dinner
7:00	Return to cabins for jackets with teachers
7:30	Evening Program: nocturnal animals, evening walk, campfire TBD
9:00-15	To cabins
9:30-45	Lights out

Day 2

7:00	GOOD MORNING!
7:30	Table setters to dining hall
8:00	Breakfast, clean cabins, pack gear, PICK UP SACK LUNCHES
9:00	Activity Block 3
11:30	Sack lunch – individual classes will eat on trail
1:30	OPTION 1 DEPART for home
Noon-2:30	Activity block 4
2:45	Closing Activity
3:15	Load buses
3:30pm	OPTION 2 Depart, arrive at your school 4:45-5pm

PROGRAM INFO: Deb Kulcsar 303-665-9381, deb@experientiallearningassociates.org

SALES & Facility Info: Kathy at Highlands Camp: 303-747-2888

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ACTIVITY ROTATIONS

1-3:30 PM ACTIVITY BLOCK 1

- Challenge hike to Hidden Room
- Creeks and Critters, Skull Classification Key
- Environmental education activities
- Low ropes – spotting and cable

3-5:30 PM ACTIVITY BLOCK 2

- Challenge hike to Hidden Room
- Creeks and Critters, Skull Classification Key
- Environmental education activities
- Low ropes – spotting and cable

9-11:30AM ACTIVITY BLOCK 3

- Challenge hike to Hidden Room
- Creeks and Critters, Skull Classification Key
- Environmental education activities
- Low ropes – spotting and cable

12-2:30PM ACTIVITY BLOCK 4

- Challenge hike to Hidden Room
- Creeks and Critters, Skull Classification Key
- Environmental education activities
- Low ropes – spotting and cable

LODGING

- 1.) GIRLS cabin = Paintbrush (22)
- 2.) BOYS Cabin = Columbine (20)
- 3.) GIRLS (could be boys if needed) = Antelope (20)
- 4.) BOYS Cabin = Black Bear (20)
- 5.) BOYS cabin = Horse Lodge (25)

INDOOR CLASSROOM OPTIONS:

Community room, dining hall, Paintbrush (cabin living room)

SAMPLE LIST OF ACTIVITIES

Hidden Room hike with Everybody Needs a Rock	Ecosystem maps
Water Study and Creek Exploration	Language arts journaling
Skulls – Using a dichotomous key	Group challenge activities
Missing Passenger	Challenge course
Un-nature Trail	8 th grade and up – zip line

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We are well-versed in community building activities, natural history, nature awareness field activities, group management and leadership models.

Sample Activities & Group Challenges

Group jump rope

Group juggle

Quad Jam

Everybody Counts

River crossing

Acid river

Camouflage

Cache Game

Simon Sez

Solo Walk

Trust activities - Meet a Tree

One word story

Perfect shapes

Birthday circle

Fruit fruit fruit

Biggest fan

Wink

Whose the leader

Giants, wizards, elves

Sharp eyes

Tent Pole

Bridges

Ball tag

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